



Munch Lunch Menu Autumn/Winter 2021



The Marylebone Project

The Marylebone Project is a Registered Social Landlord set up through a partnership between Church Army and the Portman House Trust. We provide 112 long and short term beds to homeless women. Whatever their story, we aim for the same ending; self-esteem, employment and independent living. We do this by providing shelter, emotional support, education opportunities, spiritual space, and events in a welcoming and secure environment.

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At Made in Marylebone we run two social enterprises, Munch in Marylebone and Space in Marylebone. Our mission is to run sustainable businesses which equip the women at the Marylebone Project with the skills and training needed to gain employment, as well as to support the overall aims of the Marylebone Project.

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Munch in Marylebone is our catering business, providing delicious homemade food for lunches and events. Our food is freshly prepared by our professional chef and a team of women from the project.

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Some of the dishes on our menu are recipes that the women have shared with us, and have come from all over the world.

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Space provides three meeting rooms in the heart of London. Our rooms are versatile and can host any kind of meeting or event for up to 50 people.



Munch Lunch

MUNCH IN MARYLEBONE



Sandwiches

Meat/Fish

Chicken Tarragon & Crème Fraiche Sandwich

Gluten (wheat, barley), Milk

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Ham & Homemade Piccalilli Roll

Gluten (wheat, barley), Mustard, Sulphites

May contain: peanuts, nuts, milk, sesame, egg, soya

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Tuna & Sweet Chilli Mayo Wrap

Gluten (wheat), Fish, Sulphites, Egg, Milk, Mustard

May contain: nuts, peanuts, sesame

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Roast Beef & Gherkin Petit Pain

with horseradish mayo

Gluten (wheat), Sulphites, Egg, Milk, Mustard

Vegetarian

Beetroot & Chickpea Falafel Wrap (V)

with Tahini Yoghurt

Gluten (wheat), Milk, Sesame

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Smoked Cheddar Cheese Roll (V)

with homemade apple & clementine chutney

Gluten (wheat), Milk, Sulphites

Vegan

Mushroom, Butterbean & Walnut Pâté Sandwich (VG)

Gluten (wheat, barley), Nuts, Sulphites

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Szechuan Soya 'Duck' Bao Bun (VG)

Gluten (wheat, barley), Nuts, Sulphites

Please note menu ingredients can be subject to change

(V) - Vegetarian, (VG) - Vegan



Munch Lunch

MUNCH IN MARYLEBONE



Salads

Leafy White Bean & Orange Salad (V)
with a honey & mustard dressing
Mustard, Sulphites

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Grilled Peach and Feta Salad (V)
Milk, Sulphites

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Spiced Bulgur Wheat & Roast Vegetable Salad (VG)
with a rose harissa dressing
Gluten (wheat), Sulphites

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Roast Squash, Kale & Pomegranate Salad (VG)
with a maple balsamic dressing
Sulphites

Dessert

Chocolate Praline Brownie (V)
Gluten (wheat), Nuts, May contain: sesame, peanuts other nuts

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Spiced Plum & Blackberry Cake (V)
Gluten (wheat), Eggs, Milk

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Pear & Ginger Pumpkin Seed Cake (VG)
Gluten (Oats), May contain: sesame seeds, peanuts and nuts.

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Fresh Fruit Platter (VG)

Prices

Lunch Buffet Option A:

Please select 2 sandwich choices and 1 salad choice for your buffet
£ 10.95 per person (incl. VAT)

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Lunch Buffet Option B:

Please select 3 sandwich choices and 2 salad choices for your buffet
£12.95 per person (incl. VAT)

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Please note, our lunches are served buffet style,
we cannot cater for individual orders.

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The menu can be adapted to dietary needs.

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Fancy adding a little something extra?

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Extra salad or sandwich option: £2.50 per person (incl. VAT)
Dessert option (excl. Fruit Platter): £2.50 per person (incl. VAT)
Fruit platter: £35.00 per platter (incl. VAT) - for 20 people.

Soft drinks: Please enquire for prices and selection

Thank you!

By ordering from us, you are supporting the Marylebone Project, a charity which empowers homeless women towards independent living

Allergies

Please let us know of any allergies or dietary requirements when you place your order. Please note all our food is prepared in one kitchen, therefore food may contain traces of allergens.

Order change

Orders can be changed up to 5 working days prior to the event. After this period, every endeavour will be made to accommodate requests, but may also be subject to price changes.

Cancellation policy

If a cancellation is made within 5 working days of the booking, the full amount will be charged.

Delivery

We can deliver our food anywhere in London zones 1 and 2. Delivery is charged based on location and size of order, please contact us for a quote.

Contact

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